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RE: NHS Supervised Tooth Brushing Programme

Dear Parent / Guardian,

Good news – Your school has been enrolled to provide daily supervised toothbrushing for your children during the school day.

This NHS scheme is brought to us by Big Brush Club and our aim is to get children in Reception and Nursery/ Pre-schools brushing during school time to help tackle tooth decay.

Developmentally, this is such an important age and we can really make a difference to children's long term oral health by committing to this simple and effective programme. Tooth decay is the most common disease in children and an average of 3 days of school per year are missed due to dental problems causing parents and carers to have time off work for appointments. This is easily preventable through the use of fluoride toothpaste and regular brushing.

Children will be supervised during the brushing sessions every day and will be under the guidance of trained 'Oral Health Champions'. Each child will receive their own toothbrush, which will be easily identifiable and will be stored in a safe storage system.

It is important children continue to brush their teeth at home, with a fluoride toothpaste. To support this, we are sending children home with their own pack which includes a toothbrush, toothpaste and information leaflet. We would greatly appreciate your support to encourage your children with their brushing in a positive way.

Visit our website (www.bigbrushclub.co.uk) to learn more and view videos and apps that are useful in engaging your children and timing their brushing for 2 minutes.

Allergies: Please ensure you let the nursery or school know of any allergies or health issues your child may have which could mean they are unable to take part in the scheme.

Consent: to consent for your child to take part in the scheme, please fill in the attached form and return this to your child's school / teacher.

If you wish to discuss the scheme further or would like to know more about how to improve your child's oral hygiene, your Big Brush Club Facilitator can answer all your questions. Please get in touch via info@bigbrushclub.co.uk.

Yours Sincerely,

A handwritten signature in black ink that reads 'J Marney'.

Justin Marney
Managing Director



Brushing together for healthy smiles

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Consent Form

Please complete this form to ensure your child is included in the scheme and return to the school / class teacher.

- Yes, I give permission for my child to be a part of the daily toothbrushing programme.
- No, I do not want my child to be included in the daily toothbrushing programme.
- I give my consent for photographs of my child to be used by Big Brush Club to promote the Supervised Toothbrushing scheme.

Child's name: _____

Parent's name: _____

Parent's signature: _____

Date: _____

You do not need to answer this question, but if you have chosen **not** to participate in the scheme it would be helpful if you could please let us know why you would prefer that your child does not participate. This will help us to continue to improve the service that we provide.



Brushing together for healthy smiles