







Starting School and Saying Goodbye to My Grown Up


It's time for me to start school. I might be feeling happy.  I might be feeling sad. 



I could be feeling happy and sad at the same time  . That is ok!


On a school day morning I will go to school with my grown up. 

When I get to school, my teachers and friends will be excited to see me. 

I may not want to say goodbye to my grown up, I may not want them to leave. It is ok to have this feeling. My grown up will give me a big hug and say good bye. 

My teachers will help me if I feel sad. 

When I go into my classroom I can put my coat  and water bottle  away.

Then I can find some friends and some toys to play with. 



During the day my teacher might choose an activity for me to do. When my teacher doesn't choose my activity I will be able to choose my own.

Activities are sometimes with my friends and sometimes just with my teacher. 



At the end of my school day my adult will collect me. They will enjoy hearing all about the fun I have had at school and about the new friends I have made.