

Activity Sheet 4 - Boredom Busters



FROZEN FLOWERS

SUMMER SENSORY PLAY ACTIVITY

CRAFTSONSEA.CO.UK

Pick some flowers and leaves on your walk and make them into ice cubes. When they are frozen take a bowl of water and put the flower ice cubes in it. Play with them with spoons, chop sticks, plastic containers.



Spicy paints

Use some herbs and spices to do some smelly painting. Play around with amounts. Will it smell sweet or savoury? Yummy or yucky?



Dinosaur Excavation
Sensory Bin



More bin themes at
MessyPlayKits.com



Make a jigsaw puzzle you have at home



Sand play





Have a look on YouTube for some fun exercises. Or try Cosmic Kids or Go Noodle



Make a fun sock bubble blower! Dab the sock into the bubble mix and blow from the other end!

Hope you have fun.!