

Paulton Infant School EYFS and Key Stage 1 PSHE Map (Based on the Jigsaw Jack Scheme)

EYFS						
	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Focus	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Key Themes	Self-identify Understanding feelings Being in a classroom Being gentle Rights and responsibilities	Identifying talents Being special Families Where we live Making friends Standing up for yourself	Challenges Perseverance Goal-setting Overcoming obstacles Seeking help Jobs Achieving goals	Exercising bodies Physical activity Healthy foods Sleep Keeping clean Safety	Family life Friendships Breaking friendships Falling out Dealing with bullying Being a good friend	Bodies Respecting my body Growing up Growth and change Fun and fears Celebrations
Assessment Overview (Taken from Jigsaw Jenie Scheme)	<p>I can know I have a right to learn and play, safely and happily.</p> <p>I know that hands can be used kindly and unkindly.</p> <p>I can identify my own and other people's feelings.</p>	<p>I can tell you how I am unique.</p> <p>I can show you how to be a good friend and tell you what this means.</p> <p>I can recognise when someone is upset, angry or frightened.</p> <p>I can use my skills to make a friend.</p>	<p>I can tell you what a challenge and a goal is.</p> <p>I can recognise why it is important to keep trying.</p> <p>I can persevere and show resilience.</p> <p>I can recognise how words can encourage people.</p>	<p>I can tell you what the word 'healthy' means.</p> <p>I can recognise some ways to keep my body healthy.</p> <p>I know the names of some parts of my body.</p> <p>I can understand what to do when I meet a stranger.</p>	<p>I can understand what a family is.</p> <p>I can tell you what a healthy and safe friendship looks like.</p> <p>I know that unkind words can hurt someone and cannot be taken back.</p> <p>I can think about how to help someone who feels lonely.</p>	<p>I can recognise some parts of my body and how they help us grow.</p> <p>I can understand how I have changed from being a baby.</p> <p>I can tell you how I feel about growing up and changing classes.</p> <p>I know who I can talk to if I am worried about something.</p>
Puzzle Outcomes (Taken from Jigsaw Jenie Scheme)	Whole School Learning Charter: 'Our rights' to be added to the Whole School Charter. Getting to know each other, understanding our rights to have healthy food and our rights to have fun and be responsible.	Hall of Fame display: Make a paper chain explaining how we are special. Display pictures and speech bubbles about how we are good friends.	Garden of Dreams: Footprints to represent an achievement we are proud of this term. Add these to our garden of dreams.	The Healthy, Happy Me Recipe Books A painting of our favourite ways to get to sleep. Add these to our recipe book.	The Relationship Fiesta Mittens to show a picture of us being a good friend. Add these to our fiesta display.	Tree of Change Create fruit mobiles from paper to show how we can eat healthily. Add these to the tree of change.

Year 1						
	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Cycle A 2020-2021	Across the Drawbridge	Sweets Galore	Pole to Pole	Heroes and Villains	A Bug's Life	Oh We Do Like To Be Beside The Seaside
Cycle B 2021-2022	In The Deep Dark Woods	The Great Fire of London	Dinosaur Stomp	Rumble In The Jungle	What Can I Invent?	My Place In The World
Focus	Being me in my World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Key Themes	Feeling safe and special Being part of a class Rights and responsibilities Rewards and feeling proud Consequences Owning the learning charter	Similarities and differences Understanding bullying and knowing how to deal it Making new friends Celebrating the differences in everyone	Setting goals Identifying successes and achievements Learning styles Working well and celebrating achievement with a partner Tackling new challenges Identifying and overcoming obstacles Feelings of success	Keeping myself healthy Healthier lifestyle choices Keeping clean Being safe Medicine safety / safety with household items Road safety Linking health and happiness	Belonging to a family Making friends/being a good friend Physical contact preferences People who help us Qualities as a friend and person Self-acknowledgement Being a good friend to myself Celebrating special relationships	Lifecycles – animal and human Changes in me Changes since being a baby Differences between female and male bodies (correct terminology) Linking growing and learning Coping with change Transition
Assessment Overview (Taken from Jigsaw Jack Scheme)	I can explain why my class is a happy and safe place to learn. I can give different examples where I or others make my class happy and safe.	I can tell you some ways I am different from my friends I understand these differences make us all special and unique	I can tell you how I felt when I succeeded in a new challenge and how I celebrated it I know how to store the feelings of success in my internal treasure chest	I can tell you why I think my body is amazing and can identify some ways to keep it safe and healthy I can recognise how being healthy helps me to feel happy	I can tell you why I appreciate someone who is special to me and express how I feel about them	I can identify the parts of the body that make boys different to girls and can use the correct names for these: penis, testicles, vagina I respect my body and understand which parts are private
Puzzle Outcomes (taken from Jigsaw Jack scheme)	Whole School Learning Charter: getting to know each other, class social bonding, introducing new systems and routines and creating a Learning Charter.	Hall Of Fame Display: Gingerbread People Display	Garden of Dreams and Goals: Stretchy flowers and dream wellies	The Healthy, Happy Me Recipe Book: Keeping clean and healthy chapter of the book	The Relationship Fiesta: Colours of friendship dance	Tree of change display: Flowers of change

Year 2

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Cycle A 2020-2021	Across the Drawbridge	Sweets Galore	Pole to Pole	Heroes and Villains	A Bug's Life	Oh We Do Like To Be Beside The Seaside
Cycle B 2021-2022	In The Deep Dark Woods	The Great Fire of London	Dinosaur Stomp	Rumble In The Jungle	What Can I Invent?	My Place In The World
Focus	Being me in my World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Key Themes	Hopes and fears for the year Rights and responsibilities Rewards and consequences Safe and fair learning environment Valuing contributions Choices Recognising feelings	Assumptions and stereotypes about gender Understanding bullying Standing up for self and others Making new friends Gender diversity Celebrating difference and remaining friends	Achieving realistic goals Perseverance Learning strengths Learning with others Group co-operation Contributing to and sharing success	Motivation Healthier choices Relaxation Healthy eating and nutrition Healthier snacks and sharing food	Different types of family Physical contact boundaries Friendship and conflict Secrets Trust and appreciation Expressing appreciation for special relationships	Life cycles in nature Growing from young to old Increasing independence Differences in female and male bodies (correct terminology) Assertiveness Preparing for transition
Assessment Overview (Taken from Jigsaw Jack Scheme)	I can explain why my behaviour can impact on other people in my class. I can compare my own and my friends' choices and can express why some choices are better than others.	I can identify some ways in which my friend is different from me I can tell you why I value this difference about him/her	I can explain some of the ways I worked cooperatively in my group to create the end product I can express how it felt to be working as part of this group	I can make some healthy snacks and explain why they are good for my body I can express how it feels to share healthy food with my friends	I can identify some of the things that cause conflict between me and my friends I can demonstrate how to use the positive problem solving technique to resolve conflicts with my friends	I can recognise the physical differences between boys and girls, use the correct names for parts of the body (penis, testicles, vagina) and appreciate that some parts of my body are private I can tell you what I like/don't like about being a boy/girl
Puzzle Outcomes (taken from Jigsaw Jack scheme)	Whole School Learning Charter: getting to know each other, class social bonding, introducing new systems and routines and creating a Learning Charter.	Hall Of Fame Display: Trophy of celebration	Garden of Dreams and Goals: Dream birds	The Healthy, Happy Me Recipe Book: The 'Healthy Me' Café – creating healthy snacks/recipes	The Relationship Fiesta: Compliment bunting	Tree of change display: Leaf mobiles