

Hi,

My name is Anna.

I am a Parent Support Advisor.

I have the following 45 minute appointments available at your child's school.

Monday 16<sup>th</sup> December 2024 at 11.00am

Friday 14<sup>th</sup> February 2025 at 11.00am

I offer confidential, impartial advice, support and signposting with regards to the following:

- Managing behaviour at home: Boundaries, structure and routine, choices and consequences
- Managing your child's emotions and feelings
- Sleep
- Diet
- Screen time
- External issues that may affect your parenting role

Please speak to the school office on 01761 412354 or [office@paulton-inf.bathnes.sch.uk](mailto:office@paulton-inf.bathnes.sch.uk) to book a slot.

I look forward to meeting you.

