

# DINE

WITH MIQUILL

WEEK ONE

**DINE**  
Main Meal

**DINE**  
Vegetarian Meal

**DINE**  
Jackets or Pasta



Sweet choices

## MONDAY



**Beef Burger in a Bun**  
with Potato Wedges and Green Salad or Peas

**Quorn Burger in a Bun**  
with Potato Wedges and Green Salad or Peas

**Jacket Potatoes**  
filled with a choice of Cheese, Beans or Tuna Mayo  
**Tomato Pasta**

Ice Cream

## TUESDAY



**Lasagne**  
with Garlic Bread and Sweetcorn or Side Salad

**Lentil Bolognese**  
with Garlic Bread and Sweetcorn or Side Salad

**Jacket Potatoes**  
filled with a choice of Cheese, Beans or Tuna Mayo  
**Tomato Pasta**

Lemon Drizzle

## WEDNESDAY



**Roast Chicken Stuffing & Gravy**  
with Roast Potatoes and Carrots or Broccoli

**Veggie Potato Cakes**  
and Carrots & Broccoli

**Jacket Potatoes**  
filled with a choice of Cheese, Beans or Tuna Mayo  
**Tomato Pasta**

Chocolate Brownie

## THURSDAY



**Chicken Wrap**  
with Wholegrain Rice and Rainbow Slaw

**Cheesy Baked Bean Wrap**  
with Wholegrain Rice and Rainbow Slaw

**Jacket Potatoes**  
filled with a choice of Cheese, Beans or Tuna Mayo  
**Tomato Pasta**

Apple Flapjack

## FRIDAY



**Fish Fingers**  
with Chips and Garden Peas or Baked Beans

**Vegetarian Vegetable Fingers**  
with Chips and Garden Peas or Baked Beans

**Jacket Potatoes**  
filled with a choice of Cheese, Beans or Tuna Mayo  
**Tomato Pasta**

Chocolate Chip Cookie

Available Daily - Freshly Baked Bread

A choice of Yoghurt, Jelly, or Fresh Fruit instead of dessert

WEEK COMMENCING:

21/04, 12/05, 02/06, 23/06, 14/07,  
01/09, 22/09, 13/10

MIQUILL

# DINE

WITH MIQUILL

WEEK TWO

DINE

Main Meal

DINE

Vegetarian Meal

DINE

Jackets or Pasta



Sweet choices

## MONDAY

**Comfort**  
FOOD 

**Sausages & Onion Gravy**  
with Mash and Peas & Carrots

**Veggie Sausages & Onion Gravy**  
with Mash and Peas & Carrots

**Jacket Potato**  
filled with a choice of Cheese, Beans or Tuna Mayo  
**Tomato Pasta**

Ice Cream

## TUESDAY

 **Italian**

**Meat Feast Pizza**  
with Rainbow Slaw and Sweetcorn

**Cheese & Tomato Pizza**  
with Rainbow Slaw and Sweetcorn

**Jacket Potato**  
filled with a choice of Cheese, Beans or Tuna Mayo  
**Tomato Pasta**

Fresh Fruit Salad

## WEDNESDAY

**Roasts** 

**Honey Roasted Gammon**  
with Roast Potatoes, Gravy and Cabbage or Broccoli

**Macaroni Cheese**  
Side Salad or Broccoli

**Jacket Potato**  
filled with a choice of Cheese, Beans or Tuna Mayo  
**Tomato Pasta**

Chocolate Crunch

## THURSDAY

 **AROUND THE World**

**Chicken Tikka Masala**  
with Wholegrain Rice and Cauliflower or Roasted Carrots

**Vegetable Korma**  
with Wholegrain Rice and Cauliflower or Roasted Carrots

**Jacket Potato**  
filled with a choice of Cheese, Beans or Tuna Mayo  
**Tomato Pasta**

Syrup Sponge & Custard

## FRIDAY

**Fish & Chips** 

**Fish Fingers**  
with Chips and Garden Peas or Baked Beans

**Vegetable Nuggets**  
with Chips and Garden Peas or Baked Beans

**Jacket Potatoes**  
filled with a choice of Cheese, Beans or Tuna Mayo  
**Tomato Pasta**

Orange Cookie

WEEK COMMENCING:  
28/04, 19/05, 09/06, 30/06, 21/07,  
08/09, 29/09, 20/10

Available Daily - Freshly Baked Bread  
A choice of Yoghurt, Jelly, or Fresh Fruit instead of dessert

MIQUILL 

# DINE

WITH MIQUILL

WEEK THREE

DINE

Main Meal

DINE

Vegetarian Meal

DINE

Jackets or Pasta

Dessert  
STOP

Sweet choices

## MONDAY

*Comfort*  
FOOD 

**All Day  
Breakfast**  
with Hash  
Browns and  
Baked Beans

**Veggie All Day  
Breakfast**  
with Hash  
Browns and  
Baked Beans

**Jacket Potatoes**  
filled with a choice  
of Cheese, Beans  
or Tuna Mayo  
**Tomato Pasta**

Ice Cream

## TUESDAY

*Italian* 

**Beef Bolognese  
with Penne Pasta**  
Garlic Bread,  
Sweetcorn and  
Peppers or Carrots

**Wholemeal Pasta  
Vegetable Bake**  
with Garlic Bread,  
Sweetcorn and  
Peppers or Carrots

**Jacket Potatoes**  
filled with a choice  
of Cheese, Beans  
or Tuna Mayo  
**Tomato Pasta**

Iced Vanilla  
Sponge

## WEDNESDAY

*Roasts* 

**Roast Chicken  
Stuffing & Gravy**  
with Roast  
Potatoes and  
Cabbage or  
Courgettes

**Cheese & Potato  
Pie**  
with Cabbage &  
Courgettes

**Jacket Potatoes**  
filled with a choice  
of Cheese, Beans  
or Tuna Mayo  
**Tomato Pasta**

Homemade  
Shortbread

## THURSDAY

*AROUND THE  
World* 

**Honey Chicken  
Stir Fry**  
with Rice and  
Leeks or  
Broccoli

**Veggie Chow  
Mein**  
with Leeks or  
Broccoli

**Jacket Potatoes**  
filled with a  
choice of  
Cheese, Beans  
or Tuna Mayo  
**Tomato Pasta**

Carrot Cake

## FRIDAY

*Fish & Chips* 

**Fish Fingers**  
with Chips and  
Garden Peas or  
Baked Beans

**Vegetable  
Fingers**  
with Chips and  
Garden Peas or  
Baked Beans

**Jacket Potatoes**  
filled with a choice  
of Cheese, Beans  
or Tuna Mayo  
**Tomato Pasta**

Rainbow Cookies

WEEK COMMENCING:

05/05, 26/05, 16/06, 07/07, 28/07,  
15/09, 06/10

Available Daily - Freshly Baked Bread

A choice of Yoghurt, Jelly, or Fresh Fruit instead of dessert

MIQUILL 